

Europe **PACKING CHECKLIST**

TRIP DATES _____

ESSENTIALS	✓
Passport (with at least 6 months of validity) and visa (if required)	
Copies of travel documentation (airline tickets, accommodation reservations, transportation)	
Wallet with cash (Euros are widely accepted, but some countries have their currency)	
Credit/debit cards (inform your bank about your travel)	
European power adapter and voltage converter (if required)	
Smartphone, charger, and portable power bank	

CLOTHING	✓
Comfortable walking shoes (Europeans walk a lot, and streets can be cobblestoned)	
Weather-appropriate clothing (check the season and forecast) <ul style="list-style-type: none"> • Summer: Lightweight clothes, sunglasses, hat, and sandals • Winter: Warm coat, gloves, scarf, hat, and waterproof shoes/boots 	

<ul style="list-style-type: none"> • Spring/Fall: Layered clothing, light jacket or sweater, and umbrella 	
One or two formal outfits (for upscale restaurants or events)	
Underwear and socks for the duration of your trip (+ extra pairs)	
Nightwear	
Swimsuit (if visiting beaches or hotel has a pool)	

TOILETRIES	✓
Travel-sized shampoo, conditioner, body wash, and toothpaste (some hotels may provide these)	
Toothbrush and dental floss	
Deodorant and fragrance	
Sunscreen and lip balm (with SPF)	
Moisturizer and facial products	
Hairbrush, comb, hair ties, and styling products	
Makeup and makeup remover	
Razor, shaving cream, and other grooming essentials	

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TOILETRIES (CONT.)	✓
Contact lenses, solution, and eyeglasses	
Personal hygiene products (e.g., sanitary products, tissues - you may not find the ones you like in Europe)	

SAFETY & HEALTH	✓
Personal medications and copies of prescriptions	
Basic first-aid kit (band-aids, antiseptic wipes, pain relievers)	
Hand sanitizer and disinfectant wipes	
Sleep aids (earplugs, eye mask)	
Travel insurance details	

ENTERTAINMENT/WORK	✓
Reading materials (books, e-readers)	
Journal and pen	
Laptop/tablet and charger (if you need to work or stay connected)	
Camera, memory cards, and charger	

ENTERTAINMENT/WORK (CONT.)	✓
Headphones or earbuds	
Travel guidebook or language phrasebook (you can always download a translation app to your mobile)	

MISCELLANEOUS	✓
Compact reusable shopping bag (many European countries charge for plastic bags)	
Snacks (especially for long train rides or flights)	
Travel pillow and blanket for long journeys	
Ziplock bags (for snacks or storing liquids)	
Water bottle	
Laundry bag and travel-sized detergent	
Small lock (for hostel lockers or securing bags)	

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OPTIONAL ITEMS	✓
Raincoat or portable umbrella	
Travel clothesline or stain remover	
Outlet splitter (to charge multiple devices from one outlet)	
Local SIM card or portable Wi-Fi device (you can also add an international data plan to your current mobile plan)	
Travel apps downloaded (currency converters, translation apps, local guides, maps)	

Tip: When traveling in Europe, it's wise to pack light, especially if you plan to move between cities or countries frequently. Many European cities are best explored on foot, and having a manageable suitcase can make the experience more enjoyable. Remember to check the baggage policies of European airlines, as they can be more restrictive than other carriers.