Cruise PACKING CHECKLIST

TRIP DATES _____

ESSENTIALS	✓
Passport, visa, or any required travel documentation	
Cruise tickets and reservation confirmations	
Wallet, cash, credit/debit cards, and travel insurance details	
Medications (with original prescription labels) and a basic first-aid kit	
Smartphone, charger & portable power bank	

CLOTHING	✓
Casual daytime attire (t-shirts, shorts, sundresses)	
Swimwear (swimsuits, trunks, cover-ups)	
Formalwear (for cruise dinners/events; typically a dress or suit and tie OR a nice slacks and long sleeve shirts for men)	
Nightwear and underwear	
Workout attire (if you plan to use the gym)	

Lightweight jacket or sweater (for cooler evenings and nights at sea outside)	
Comfortable walking shoes, flip-flops, and formal shoes	
Raincoat or poncho (for unexpected rain showers)	
Moisturizer	

TOILETTRIES	✓
Toothbrush, toothpaste, and dental floss	
Shampoo, conditioner, and body wash (though some que usually provided)	
Deodorant and perfume/cologne	
Sunscreen and after-sun lotion	
Moisturizer and lip balm	
Hairbrush, comb, and hair styling products	
Makeup and makeup remover	
Razor and shaving cream	
Contact lenses, solution, and eyeglasses	

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ACCESSORIES & MISCELLANEOUS	✓
Sun Hat, sunglasses, and beach bag	
Reusable water bottle	
Travel-sized laundry detergent (for hand washing, if you don't want to pay for laundry service, which could be expensive)	
Earplugs and an eye mask	
Reading material (books, magazines, e-readers)	
Travel journal and pen	
Ziplock bags (for wet swimwear or to take snacks during tours)	
Travel pillow	
Snorkeling gear (if not renting)	
Binoculars (for scenic cruising)	
Noise Cancelling Headphones for the flight	

ELECTRONICS	✓
Camera, memory cards, and charger	
Headphones or earbuds	
International adapter (if needed for ports of call)	
Extension cord with multiple outlets (as cabin outlets can be limited)	

SAFETY & HEALTH	✓
Hand sanitizer and disinfectant wipes	
Seasickness remedies (wristbands, patches, or medication)	
Bug spray (for certain tropical destinations)	
Over-the-counter pain relievers and any personal medications	
Copies of prescriptions	

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EXTRAS	✓
Specialty attire (theme nights or cultural considerations at ports. There's usually a "white party" in cruises, so take white clothing)	
Excursion tickets or confirmation emails	
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Local currency (for some ports of call)	
Snacks (if you have specific dietary preferences)	
Language phrasebook or app	

Remember: Before you start packing, always check the cruise line's specific guidelines, especially regarding restricted items, luggage limits, and dress codes.