

Winter PACKING CHECKLIST

TRIP DATES _____

ESSENTIALS	✓
Passport and other required travel documentation	
Copies of reservations, airline tickets, and other important paperwork	
Wallet with cash and credit/debit cards (inform your bank about your travel)	
Travel insurance details	
Smartphone, charger, and portable power bank	
Medications and a basic first-aid kit	

CLOTHING	✓
Insulated, waterproof winter coat or down jacket	
Layered clothing (thermal shirts, sweaters, fleece layers)	
Thermal underwear (top and bottom)	
Wool or thermal socks (multiple pairs)	
Waterproof and insulated boots	

Winter accessories: <ul style="list-style-type: none"> • Gloves or mittens • Warm hat or beanie • Scarf or neck gaiter • Ear muffs (if desired) 	
Warm nightwear	
Formal outfit (if needed for specific events)	
Jeans or warm pants (avoid cotton if you'll be in wet conditions)	
Waterproof pants (if you'll be participating in snow activities)	

TOILETRIES	✓
Travel-sized shampoo, conditioner, and body wash	
Toothbrush, toothpaste, and dental floss	
Moisturizer and lip balm (winter can be drying)	
Sunscreen (snow reflects UV rays)	
Hairbrush or comb, and haircare products	
Deodorant, perfume/cologne	

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TOILETRIES (CONT.)	✓
Makeup and makeup remover	
Razor, shaving cream, and other grooming products	
Contact lenses, solution, and eyeglasses	

HEALTH AND SAFETY	✓
Hand warmers and foot warmers (for extremely cold conditions)	
Personal medications and copies of prescriptions	
Basic first-aid kit (with band-aids, antiseptic wipes, pain relievers)	
Hand sanitizer and disinfectant wipes	
Vitamins or supplements (especially Vitamin C for immunity)	

ENTERTAINMENT	✓
Reading materials (books, e-readers)	
Journal and pen	
Laptop/tablet and charger (if needed)	

Camera, memory cards, batteries, and charger	
Headphones or earbuds	
Travel guidebooks, maps, or language phrasebooks	

MISCELLANEOUS	✓
Umbrella (in case of sleet or rain)	
Sunglasses (to protect eyes from glare off snow)	
Reusable water bottle or thermos (to keep liquids hot)	
Snacks	
Travel pillow and blanket (for long journeys)	
Ziplock bags (for wet clothes or storing liquids)	
43. Luggage tags and locks	

TIP: The key to winter travel is layering. It allows you to adjust to varying temperatures, especially when moving between the cold outdoors and heated indoors. Always research the specific conditions of your destination, as "winter" can vary greatly from one location to another. Safe travels!